

Kopila Nepa, Lalitpur

Case Study

Prepared by: Mrs. Sanita Shrestha

Compiled and translated by: Ms. Rakshya Maharjan

Sushil Tamang, a 7-year-old boy born on 2073/11/26, is currently enrolled in Early Child Development Class "B" since 2080 and maintains a regular attendance record. Sushil lives with his parents, Arjun Tamang and Sunita Tamang, and his brother. The family migrated from Hetauda to Kathmandu in search of work, and they currently reside in Lalitpur where Arjun Tamang works for the income generating activities. The family has a monthly income ranging between NPR 25,000 to 30,000, and they do not have to pay rent for their accommodation since they are residing in tin shed.

Sushil's educational journey began in 2007 at the Early Childhood Development Center, Kopila Nepa. Initially, he faced several challenges, he was non-verbal and showed little interest in reading or writing. Over time, he has begun to speak a few words such as "mother," "Okay," and "Yes" in Nepali and he now shows interest in tasks like coloring. His progress, while gradual, is noticeable in his willingness to engage in activities that he previously avoided. In the beginning, he refused to eat lunch at school and had trouble adjusting, but now he eats on his own and comes to school cheerfully. Sushil also received speech therapy at Kopila CP Day Care Center due to his speech problems. While he communicates more with his parents and brother, he occasionally shares his school experiences with them.

In terms of social and emotional development, Sushil plays with his friends, though he tends to want all the toys to himself. However, his emotional stability is improving, he communicates when his friends misbehave, seeks affection and closeness from his teachers, and follows instructions. His support system is strong, as he tries to comply with directions given by his caregivers.

Educationally, Sushil has made progress. While he initially struggled with tearing up his classwork and hesitating in the classroom, he now participates more actively. He brings his materials, engages in coloring, and completes his tasks neatly. His interest in extracurricular activities, particularly in music and sports, has also grown. He is now eager to take part in these activities and enjoys participating in exams and games.



However, Sushil continues to face challenges in speaking and his overall physical, mental, and social development is delayed for his age. Despite this, his parents remain supportive and loving, attending meetings regularly and understanding his needs. Although Sushil's development has been slower than expected, he shows potential for growth. His willingness to try when encouraged is a positive sign, though he still tends to repeat behaviors that can be harmful if not guided properly. Going forward, it is important to focus on nurturing his educational and developmental progress while being mindful of his unique challenges.